



# LIVIN V

HOD, DEPARTMENT OF PHYSICAL EDUCATION

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## CAREER SUMMARY

Physical Education Director with Seven years of experience. Program Officer under Kerala University Nation Service Scheme for five years. Post-Graduation in Yoga and acknowledged Yoga Trainer. Team Manager and Team selector in Kerala University for All India Inter College Tournament. Tamil Nadu State Referee for Handball and Specialized in conducting Sports Meets. 'C' Certified Sargent under Indian Defense Ministry (NCC Air Wing). Presented multiple papers on various National, International seminars and workshops.

## EDUCATION

### Master of Philosophy in Physical Education

Tamil Nadu Physical Education and Sports University

2012-2013 Chennai

### Master of Science in Yoga

Tamil Nadu Physical Education and Sports University

2013-2014 Chennai

### Master of Physical Education

Tamil Nadu Physical Education and Sports University

2010-2012 Chennai

### Bachelor of Physical Education

YMCA College Bangalore

Bangalore University

2009-2010 Bangalore

### Bachelor of Science in Mathematics

Mar Ivanios College Thiruvananthapuram

Kerala University

2006-2009 Thiruvananthapuram

## ORIENTATION/ SHORT-TERM COURSE

### Orientation Course

"Programme Officers of the National Service Scheme"

2019 Seven days Ernakulam

### Beginners Course for Unit Leaders

"Rove/ Ranger leader"

2019 One day Thiruvananthapuram

### Yoga Course

2017 One Month Thiruvananthapuram

### PG Diploma in Yoga

Tamil Nadu Physical Education and Sports University

2010 - 2011 Chennai

## EXPERIENCE

### HOD

#### Christ Nagar College

June 2014 - Ongoing Maranalloor

- Conduct Open Course on "Health and Fitness Education since 2016
- Conduct PE Classes and Sports Classes across the College
- Conduct Annual Sports and Games
- Identifying Talented Students in various Sports and Train them to compete in University Competitions
- Train and Participate Students in 14 Games/events under Kerala University Inter Collegiate Competition
- Train Students under National Service Scheme since 2016
- Conducting various Residential Camps for the NSS Students
- Plan and Develop Infrastructure inside College with respect to the Budget and Requirements
- Develop an Annual Sports, NSS Regular activity and Special camp Report in the College

### Physical Education Lecture

#### Musalier College of Engineering

June 2013 - June 2014 Chirayinkeezhu

- Conducted Annual Sports Meet
- Train Students to Participate Kerala University Tournament
- Develop and Train Students under National Service Scheme
- Conducted various Residential Camp for the NSS Students

### Teaching Assistant

#### Koviloor Andavar College of Physical Education

August 2012 - May 2013 Karaikudi

- Conducted Annual Sports Meet
- Taking Theory Classes for B.P.E Students
- Taking Practical's for B.P.E and M.P.Ed Students
- Special Coaching for Tennis, Handball and Yoga

## SEMINARS AND WORKSHOPS

### National Seminar - Participated

“Teaching, Learning and Evaluation”

📅 29 February 2020 📍 Christ Nagar College, Maranalloor

### National Workshop - Participation

“Teaching Learning & Evaluation:  
Changing Protocols in Pedagogical Innovations”

📅 26<sup>th</sup> November 2019 📍 VTMNSS College, Dhanuvachapuram

### National Seminar - Paper Presented

“Yoga for Mankind”

📅 17<sup>th</sup> February 2016 📍 Baby John Memorial Government College

### International Seminar - Paper Presented

“Effect of Yogic Practices on selected Physiological variables and Skill development of Men Football Players”

📅 22<sup>nd</sup> May 2015 📍 SVASH 2015

### State Level Seminar - Participation

“Volunteer Secretaries and Programme Officer 2014”

📅 13,14,15 June 2014 📍 Mohandas College of Engineering

### State Level Seminar - Participation

“Oorjja Kendra Home Energy Auditors Training”

📅 8<sup>th</sup> and 9<sup>th</sup> Feb 2014 📍 NSS Polytechnic College, Pandalam

### National Workshop - Participation

“Yoga, Allied Therapy and Physical Education”

📅 27<sup>th</sup> March 2013 📍 Koviloor Andavar College

### National Seminar - Paper Presented

“Recent developments in Sports Science and their contribution towards Physical Education and Sports”

📅 6<sup>th</sup> October 2012 📍 Sree Sevungan Annamalai College

## CERTIFICATIONS AND QUALIFICATIONS

- ❖ Kerala University Team Selector for Badminton 2019-20
- ❖ Kerala University Cross Country Team Manager for All India Inter Collegiate Athletic Meet Tournament 2019
- ❖ Kerala University Softball Team Manager for All India Inter University Softball Tournament 2016
- ❖ Worked as Technical Official for Kerala University Inter Collegiate Athletic Meet for 4 Years
- ❖ NSS Programme Officer under Kerala University since 2013 and conducted more than a dozen Residential camps
- ❖ Organized more than a dozen Annual day Sports events
- ❖ Tamil Nadu State Referee for Handball game
- ❖ Runner-up in the Inter Collegiate Tennis Tournament at Maruthi College of Physical Education during the year 2011-2012
- ❖ 'C' Certified Sargent ('A' grade), of Indian Defense Ministry (National Cadet Corps - Air Wing)
- ❖ Kerala Government representee for Govt of India - Republic Day Parade 2008
- ❖ Represented NCC Kerala and Lakshadweep Directorate at All India Vayu Sainik Camp held at Bangalore during the year 2007
- ❖ Attended National Integration Camp held at Kanchipuram during the year 2006
- ❖ Second place in Long Jump in the Kerala State Athletic Meet held at Kottayam in the year 2001-2002
- ❖ Second place in 4×100 M Relay in the Kerala State Athletic Meet held at Kottayam in the year 2001-2002

## AREAS OF SPECIALISATION



Athletics



Handball



Yoga



Basketball



Tennis

## REFERENCE

**Dr. A.M. Moorthy** (Former Vice – Chancellor)  
Tamil Nadu Physical Education and Sports University  
📞 9443441864 📍 Chennai

**Dr. Vasudeva Butt** (Former Principal)  
YMCA College Bangalore  
📞 9945133263 📍 Bangalore

**Sag. JayaKumar**  
Indian Air Force  
📞 7204932320 📍 Kollam